

Suicide Prevention Coordinating Council (SPCC)

Meeting Minutes

October 1, 2020

Opening

The quarterly meeting of the Suicide Prevention Coordinating Council (SPCC) was called to order at 1:00 p.m. on October 1, 2020 by Heather Allman. Heather introduced the new Director for the Statewide Office for Suicide Prevention, Anna Gai. Anna Gai took roll call.

Voting Members Present:

Representing	Appointed Official	Represented by
Statewide Office for Suicide Prevention	Anna Gai, Chair	
1. Florida Association of School Psychologists	Dr. Gene Cash	
2. Florida Suicide Prevention Coalition	Jane Bennett	
3. American Foundation of Suicide Prevention	Tara Sullivan Larsen	
4. National Council for Suicide Prevention	Dr. Dan Reidenberg	
5. Florida Behavioral Health Association	<i>Sally Cunningham</i>	Jennifer Johnson
6. Florida Counseling Association	Dr. Carly Paro	
7. NAMI Florida	Cindy Foster	
8. Florida Medical Association	Dr. Ryan Hall	
9. Florida Osteopathic Medical Association	Dr. Ramsey Pevsner	
10. Florida Psychiatric Society	Dr. Daniel Castellanos	
11. Florida Psychological Association	Dr. Carolyn Stimel	
12. Florida Association of Managing Entities	<i>Natalie Kelly</i>	Larry Allen
13. State Surgeon General (DOH)	<i>Dr. Scott Rivkees</i>	Shay Chapman
14. Secretary of Health Care Administration	<i>Mary Mayhew</i>	Dr. Tim Buehner
15. Secretary of Juvenile Justice	Simone Marstiller	<i>Dr. Tracy Shelby</i>
16. Secretary of Corrections	<i>Mark Inch</i>	Katie Fabian representing Dr. Aufderheide
17. Executive Director of Department of Veterans Affairs	<i>James Hartsell</i>	Al Carter
18. Secretary of Department of Children and Families	Chad Poppell	Rodney Moore

Note: Italicized names indicate absence with delegate attendance.

Voting Members Absent

Representing	Appointed Official	Represented by
1. Florida Sheriffs Association	Matt Dunagan	
2. Florida Initiative of Suicide Prevention	Jackie Rosen	

3. Florida School Board Association	Karen Brill	
4. State Chapter of AARP	Larry Dixon	
5. Secretary of Elder Affairs	Richard Prudom	Gretta Jones
6. Commissioner of Education	Richard Corcoran	TBD
7. Commissioner of Florida Department of Law Enforcement	Rick Swearingen	Seth Montgomery
8. Executive Director of Department of Economic Opportunity	Ken Lawson	Derrick Elias
9. Governor's Appointee	Donna Schulz	

Approval of Minutes

Clarification of meeting minutes provided to change 5 percent to five listed on page 2, third paragraph, to a number. All members in attendance approved, no objections. Al Carter motioned to approve the minutes of the June SPCC meeting with corrections noted. Dr. Gene Cash second the motion. The corrected minutes of the June SPCC meeting were approved.

Suicide Prevention Efforts Updates

Legislative Updates SB 7012 – Substance Abuse and Mental Health (Heather Allman)

- Broadens the duties of the Statewide Office of Suicide Prevention (SOSP) within DCF by requiring the SOSP to coordinate education and training curricula on suicide prevention efforts for veterans and service members.
- Requires the SOSP to include veterans and service members in the network of community-based programs intended to improve suicide prevention initiatives.
- Requires the SOSP to act as a clearinghouse for information and resources on suicide prevention by sharing evidence-based practices and collecting and analyzing data on trends in suicide.
- Broadens the scope of the Suicide Prevention Coordinating Council (Council) by requiring the Council to make recommendations on the implementation of evidence-based mental health programs and suicide risk identification training in the Council's annual report on suicide prevention.
- Revises the membership of the Council by adding five new members and removing one defunct member.
- The Council is also required to work with DCF to help make the public more aware of the locations and availability of behavioral health providers.
- The Department of Transportation is required to work with the SOSP in developing a plan to consider the implementation of evidence-based suicide deterrents on all new infrastructure projects.
- Creates the First Responders Suicide Deterrence Task Force (Task Force) adjunct to the SOSP.
 - The purpose of the task force is to make recommendations on how to reduce the incidence of suicide and attempted suicide among employed or retired first responders in the state.

- The Task Force is composed of a representative of the SOSA and a representative of six first responder organizations, nominated by the organization and appointed by the Secretary of DCF.
- The Task Force is directed to identify or make recommendations on developing training programs and materials that would better enable first responders to cope with personal life stressors and stress related to their profession and to foster an organizational culture that meets specific requirements.
- The Task Force shall report on its findings and recommendations for training programs and materials to deter suicide among active and retired first responders to the Governor, the President of the Senate, and the Speaker of the House of Representatives by each July 1, beginning in 2021, and through 2023.
- This Task Force is repealed on July 1, 2023.

The Planning and Evaluation Committee (Rhonda Jackson)

The Planning & Evaluation Committee (Suicide Prevention Interagency Action Committee) has been meeting every other Thursday, most months for over a year – SPIAC continues to hold full house virtual meetings. SPIAC took a brief summer hiatus, meeting once a month, while the strategic plan is reviewed and vetted through the Department of Children and Families.

The original objective of SPIAC was the development of the strategic plan. Rhonda, as Chair, is grateful the committee members have agreed to continue the journey while transitioning into the Planning and Evaluation Committee responsibilities.

To recap, the SPIAC worked through the recommended process for state strategic plan development of the suicide prevention resource committee and the national strategy for suicide prevention.

- Step 1: Describe the problem and its context (ONGOING)
- Step 2: Choose long term goals and objectives (IN REVIEW)
- Step 3: Identify key risk and protective factors (REVIEW)
- Step 4: Select or develop interventions (IN PROGRESS)
- Step 5: Plan the evaluation (TO BE COMPLETED)
- Step 6: Implement, evaluate and improve (TO BE COMPLETED)

As we transition to Planning and Evaluation, we will continue to follow best practices. Focus is on the RAND process and CDC approach. Our Transition to Planning and Evaluation Committee Objectives:

- Develop a complete and detailed logic model to summarize goals
- Focus on available resources and priority needs in the state
- Use current research to augment process and outcome measures
- Collect and apply evaluation data to improve the implementation and the effectiveness of the plan

https://www.rand.org/content/dam/rand/pubs/tools/TL100/TL111/RAND_TL111.pdf

<https://www.cdc.gov/eval/approach/index.htm>

Our next meeting is next Thursday October 8th at 9:00am and Alan Mai will be providing us with an overview of FL Health CHARTS updates and a tutorial on accessing provisional suicide death data.

CORRECTION MADE AFTER THE MEETING: We will be discussing COVID and its impact on suicide prevention in the state

Annual Report (Anna Gai)

Reviewed 2020 Annual Report Council Recommendations:

- VI.A. Expand Implementation of Evidence-Based Practices. Suggestion of adding fidelity of evidence-based practices and programs. No objections to inclusion.
- VI.B. Focus Efforts on Support During and Post-COVID-19 Pandemic. No objections to inclusion.
- VI.C. Support Governor's Challenge Efforts for Prevention in Service Members, Veterans, and Their Families. No objections to inclusion.
- VI.D. Add Florida Violent Death Reporting System to Statute. Suggestion for 2021 annual report recommendation to include tracking of Duty to Warn information. Suggestion to add "why" within recommendation. No objections to inclusion.
- VI.E. Focus Efforts on Effective Means Safety Counseling Programs for Parents and Youth. No objections to inclusion however suggestion of recommending with specific caution towards language used.

Discussion: Suggestion to include funding as potential additional recommendation. Identified first recommendation as a funding recommendation. Identified barrier of upcoming budget cuts in response to the pandemic. Future recommendation of funding Statewide Office for Suicide Prevention.

Data Collection and Analysis Committee (Rhonda Jackson)

Data analysis Workgroup has not met formally; however, group members have begun laying groundwork for identifying potential data sources for suicide.

Work continues on statewide capacity for the Violent Death Reporting System. FLDVRS is part of the national VDRS housed at CDC and provides vital information on the why and who and what where and how of suicides and other violent deaths collecting information on both victim and suspect. This includes LE data, Coroner or medical examiner reports, and other factors, and is approximately a 16 months process.

FLVDRS Stakeholder meeting held Tuesday 9/29, new project year began September. The CDC grant requires data on 60% of the state homicides and suicides be collected, and the OPHR is working to identify additional counties to focus on to bring them up from 40 to 60% by 8 of 2021. DOH and USF continue to conduct outreach to law enforcement agencies, which here in FL, are decentralized and numerous. *Fact Sheet of NVDRS provided with copy of meeting minutes.*

FL DOH was 1 of 7 in the nation to receive the FASTER grant Firearm Injury Surveillance Through Emergency Rooms (FASTER). Purpose: timely state- and local-level data on ED visits for nonfatal firearm injurie, which are currently limited. The collection of near real-time data on ED visits for nonfatal firearm

injuries overall and by intent (i.e., intentional self-directed, unintentional, and assault-related) at the state- and local-level could improve ability to identify and respond to emerging public health problems.

Reached out to colleagues in Tennessee who have been using ESSENCE data to monitor near or real time suicide attempts or ideation, ESSENCE is the Electronic Surveillance System the Early Notification of Community-based Epidemics. About 80%+ of Florida hospitals use ESSENCE, and we will be following up with TN to discuss their process at greater length.

FL Health CHARTS outward facing dashboard provides indicators and county level data for a multitude of health-related outcomes and now includes, as of July a suicide/mental health profile. The website includes a tutorial and directions/checklists: <http://www.flhealthcharts.com/charts/default.aspx>

Communications Committee (DaMonica Smith presented by Anna Gai)

Below is an overview of the communications-based activities held during the month of September:

- Organic social media post on 9/10 for World Suicide Prevention Day
- Organic social media post on 9/15 for mental health resources through 211
- Copy of Governor DeSantis' Suicide Prevention Month Proclamation posted on 9/21
- Social media profile banners updated on 9/22 with a mental health banner containing the National Suicide Prevention Lifeline and 211
 - Updated again on 9/30
- Organic social media post on 10/1 with DOH co-branded graphic targeting nurses
- Began partnered suicide prevention ad campaign with DOH on 9/23. Published 5 suicide prevention ads on Facebook and Instagram.
 - Targeting Floridian's ages 15-64 (age group that has been defined as susceptible to suicide)
 - Ad reach to date: 38,668
 - Ad engagement to date: 893
 - Ad link clicks to date: 758
- Coordinating with DOH to join efforts in the Trevor Project which brings awareness to the mental health needs and suicide prevention of teens in the LGBTQ community.

Special Populations/Risk Reduction Committee (Armando Harwood)

Opening for the chair of the Special Populations/Risk Reduction Committee. Update on survey being compiled by committee provided by Jane Bennett. Draft of 10 questions to send to Law Enforcement courtesy of Matt Dunagan.

Governor's Challenge Committee (Al Carter)

Florida was State number 7 or 8 to sign up for the Governor's challenge, but we are one of 27 states that have accepted this challenge. There are Mayor's/Commissioners Challenges occurring from Miami to Jacksonville also, and these challenges run parallel to the Governor's Challenge and have the similar strategic priorities.

There are four stages to the Governor's Challenge: State preparation, State Planning, Implementation and Follow-up and Collaboration with Mayor's Challenge Cities, some of which occur simultaneously when it comes to activities undertaken. The Florida Governor's Challenge Team is in the planning and Implementation phase and continuing their Forward progress in this area.

Governor DeSantis recently signed the PREVENTS proclamation, formally tying Florida's efforts to the national initiative of preventing suicide among veterans and on 9 September, signed the proclamation designating September as Florida Veteran Suicide Prevention Month.

This is important now more than ever given the recent Associated Press finding that the suicide rate among the military has gone up as much as 20% since the COVID pandemic began.

Team update details:

- Collectively, we are striving to focus on feasible items that are both high impact and high reward
- The team has several new members and is connecting with the Governor's Faith-based and Community-based Council in order to involve more entities in the comprehensive approach to suicide prevention.
- **Priority #1 team** -Has priority to Identify SMVF and screen for suicide risk strategy:
 - Will be adding wording to every letter sent to service members separating from the military and declaring Florida their new state of residence that includes mental health resources.
- **Priority #2 Team** – has the Promote Connectedness and Improve Care Transitions Strategy: --Working on a comprehensive website of region-specific resources and organizations that serve veterans. This is through a partnership with the Crisis Center of Tampa Bay and assisted by The Fire Watch in Jacksonville. They are also partaking in a crisis intercept mapping exercise.
- **Priority #3 Team:** Has the Taking a comprehensive approach to suicide prevention for SMVF.
 - Working on our team logo and will serve as the conduit through which all Governor's Challenge publications, social media campaigns, and deliverables pass thru.
- **Priority #4 Team:** Lethal Means & Safety Planning strategy:
 - Continuing to expand gun lock distribution, Narcan distribution, and the VA's safety planning app.
 - Supported the Veterans Counseling Veterans Virtual Suicide Prevention Summit on 30 Sep which focused on Faith Based, clinical, family, Veteran Service Organization approaches to suicide prevention and suicide prevention training.

Discussion:

NARCAN deaths. Steve R. wanted to know if data was available on the number of deaths (NARCAN related).

Rhonda Jackson offered to connect the Governor's Challenge Priority #4 group with Victor Johnson as another option for NARCAN distribution data.

Other Discussions

None.

Adjournment

Motion to adjourn meeting by Al Carter and seconded by Dr. Ryan Hall. The meeting was adjourned.

Minutes submitted by: Anna Gai