

MINUTES

Suicide Prevention Coordinating Council (SPCC)

Date | time 3/20/2019 1:30 PM | *Meeting called to order by* Sofia Castro

In Attendance

Statewide Office for Suicide Prevention, Department of Children and Families (DCF): Sofia Castro; **Florida Sheriffs Association:** Alli Pass; **American Foundation of Suicide Prevention:** Tara Sullivan Larsen; **Florida Council for Community Mental Health:** Sally Cunningham; **Florida Counseling Association:** Carly Paro
Department of Elder Affairs: Gretta Jones; **Department of Health:** Rhonda Jackson, Alan Mai; **Department of Education:** David Wheeler; **Agency for Health Care Administration:** Noel Lawrence; **Florida Department of Law Enforcement:** Seth Montgomery; **Department of Veterans' Affairs:** Alfred Carter; **Florida Suicide Prevention Coalition and Governor Appointee:** Stephen Roggenbaum; **Governor Appointee:** Donna G. Schulz; **DCF SAMH Regional Offices:** NaKeisha Phillips, Paul Kellam, Others: Kristin Mathre, Kristin Kosyluk, Tom Robinson, Paula Edwards, Armando Hardwood, Maria Folsom, Summer DeBastiani

Absent

Florida Association of School Psychologists: Gene Cash; **The Suicide Prevention Action Network USA;**
Florida Initiative of Suicide Prevention: Jackie Rosen; **Florida School Board Association:** Karen Brill;
National Council for Suicide Prevention: Dan Reidenberg; **Florida Alcohol and Drug Abuse Association,**
Natira Screen; **NAMI Florida:** Cindy Foster; **Department of Juvenile Justice;** Tracy Shelby; **Department of Corrections:** Dean Aufderheide; **Department of Economic Opportunity:** Michael Golen; **Florida AARP:** Larry Dixon

Approval of Meeting Minutes

November 29, 2018, meeting minutes were distributed via email prior to this meeting. Al Carter made a motion to approve the minutes; Tara Sullivan Larsen seconded it. SPCC approved the minutes.

Updates

Florida's Annual Suicide Prevention Day at the Capitol

Tara Sullivan Larsen shared the following:

- Volunteer training meeting will be held from 4pm-5pm at the Florida Sheriff's Association Training Center meeting room for individuals attending legislative visits.
- Two bills that will be supported are SB360/HB307 that focus on mental health parity and SB84/HB109 that focus on the prohibition of conversion therapy with minors.
- The Volunteer gathering will be at 8:30am at the capitol tomorrow and there will be a short presentation at 9:00am. Legislative visits will begin following the meeting. The meetings will continue throughout the day and will adjourn at 4:00pm. There will be about 50 volunteers and there are 27 confirmed appointments with various legislatures. A lunch box will be provided for the volunteers that signed up.

- The press conference will begin at 11:00am at the front steps of the old capitol on Monroe Street. A microphone and podium will be set up for the press conference. Press releases have been sent out. Speakers for the press conference include Sofia Castro, John Bryant, Representative Grieco from Miami who is the sponsor for the conversion therapy bill, and Tom Robinson from the American Foundation of Suicide Prevention.

Stephen Roggenbaum thanked Tara and the American Foundation of Suicide Prevention for stepping up and taking the lead on coordinating the event.

4th Annual Florida Taking Action for Suicide Prevention Conference

Stephen Roggenbaum shared the following:

- The Florida Suicide Prevention Coalition (the Coalition) hosted the 4th Annual Florida Taking Action for Suicide Prevention Conference and had an increase in participation and presentation.
- This is a year of first for the Coalition:
 - The Florida Sherriff's Association is a new venue. There were numerous comments about the facility.
 - Concurrent sessions which enabled the Coalition to accept more presentation proposals than they had accepted in the past years. There were numerous comments about the presentations. Attendees wanted more presentations and more time for questions.
 - Two key note speakers; Shari Silwelski Associate Director for the National Suicide Prevention Lifeline. Shari also did a subset presentation on *Running Survivor Groups for Attempt Survivors*. Becky Stoll was the second keynote speaker. She is Centerstone's Vice President of Crisis and Disaster Management in Nashville Tennessee. She spoke about *Zero Suicide* and the efforts of Centerstone which is highlighted under the Suicide Prevention Resource Center success outcome stories. Both keynote speakers were very well received and attendees asked questions.
- The Conference was a success and attendee feedback will be reviewed by the Coalition.
- Sofia Castro was also a speaker.

Stephen thanked Matt Dunagan and his staff that were helpful during the conference. He also encouraged everyone to attend next year's conference.

Al Carter asked Stephen if Dennis Baker or Roy Clark from the Department of Veterans' Affairs office had contacted Stephen to invite him or someone from the Coalition to attend the Forward March Initiative being held at the University of South Florida (USF) that will take place next Friday. One of the focus of the Initiative is suicide prevention.

- Stephen shared that he has not received an email or a phone call regarding the event and that he retired 6 weeks ago. His USF number is disconnected. Stephen will provide his personal phone number to Sofia to pass it along to Al.

New Focus

Two-year implementation assessment of the Florida Suicide Prevention Plan 2016-2020

Sofia read the stakeholder feedback from page 12 of the 2018 Annual Report which includes 10 recommendations on ways SPCC and SOSF can provide assistance to stakeholders:

According to the survey, stakeholders would like support in the following:

1. **Information on updated evidence-based tools**

- Stephen Roggenbaum suggested providing information regarding the Zero Suicide toolkit part of the National Action Alliance for Suicide Prevention: <https://zerosuicide.sprc.org/> and Zero Suicide Institute: <http://zerosuicideinstitute.com/>. The website includes evidence-based information, clinical tools, resources for clinicians, and intervention resources.
 - Tara Sullivan Larsen suggested using the Suicide Prevention Resource Center (SPRC.org).
 - Sofia Castro suggested adding a section to the Department of Children and Families' suicide prevention website. The section would include a link to Zero Suicide and list of trainings from the SPRC.org. She will ensure that DCF Regional Offices and Managing Entities will be informed of the training section via email.
 - David Wheeler shared that there is a list of resources in the Department of Education website: <http://sss.usf.edu/resources/topic/suicide/index.html>
 - Stephen shared his concern on who will vet the resources to ensure they are evidence -based.
 - i. Sofia shared that evidence-based programs from SPRC.org are already vetted and will be added to the list.
2. **Assistance with building additional community supports**
 - Stephen Roggenbaum suggested sharing the framework for building community support available on SPRC.org: <http://www.sprc.org/resources-programs/community-tool-box>
 3. **Work groups that would help carry out the Plan**
 - Not discussed during the meeting.
 4. **A checklist of toolkits and guides to decrease time staff spend looking for information**
 - Stephen Roggenbaum suggested that Zero Suicide toolkit supports this.
 5. **Assistance in finding a standardized evaluation form to identify at-risk individuals**
 - Stephen Roggenbaum suggested that Zero Suicide toolkit supports this.
 6. **Assistance with risk assessments and suicide prevention data**
 - Stephen Roggenbaum suggested that Zero Suicide toolkit supports this.
 7. **Basic education for individuals who have a serious mental illness and may be at risk for suicide**
 - Not discussed during the meeting.
 8. **Training for staff and presentations about suicide prevention**
 - Sofia shared that the DCF suicide prevention websites has a calendar of events that includes webinars: <https://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/index.shtml>
 - NaKeisha Phillips asked if stakeholders are doing trainings with staff within the region or are the trainings specific to providers.
 - i. Sofia shared that it would be a training for providers.
 - ii. Stephen shared that 10 years ago the Statewide Office for Suicide Prevention (SOSP) created a generic suicide prevention power point that was accessible on the website for people to download and use to present to their staff in general. It has suicide prevention content but did not include the individual agency procedures, contacts, or what to do. Stephen suggested that perhaps SOSP and the SPCC can create one that can be updated and the agencies can tailor the power point presentation to add their policies and procedures.
 - NaKeisha shared that having a live webinar for general information purposes and for providers to ask questions on how to tailor to their organization would be cost effective.
 - i. Stephen shared that there are many webinars out there, what would make this one different than those out there?
 1. Sofia added that she receives webinar information and she adds it to the calendar. She also shared that she will begin to work on a response to the 10

recommendations and will have something for SPCC to review during the next quarterly meeting.

2. Rhonda shared that DOH is connected to Train Florida and she does not know if other State agencies are also connected. Train Florida includes internal courses and probably promote that there is a suicide prevention power point presentation available. Rhonda will try to find out more information about what other State agencies are included in Train Florida. The Veterans Health Administration is a partner and they have a video on suicide prevention for clinicians that covers suicide assessment, medical issues, and safety planning. The trainings made available to everyone in Train Florida can be accessed by any State agency that uses the system.

9. The creation of a full-time staff at the Managing Entity level to implement the Zero Suicide initiative

- Not discussed during the meeting.

10. The State of Florida's participation of the National Violent Death Reporting System (NVDRS)

- Sofia shared that this focus has been accomplished. The Department of Health received a grant for the National Violent Death Reporting System (NVDRS) and Alan Mai presented about NVDRS during the 4th Annual Florida Taking Action for Suicide Prevention Conference.
- Stephen Roggenbaum shared that this effort will be moving slowly, methodically, and with great care starting with the pilot phase. The goal within a couple of years is to have 40% of the population covered within NVDRS but the long-term goal is to have all violent deaths reported. Florida was one of the last 10 states to participate in NVDRS. This has been in the works for years and SPCC recommendation also includes to support funding for the implementation.
- Tara asked: How many years is the grant for?
 - i. Rhonda replied that the initial grant is on a four-year funded period and DOH will then reapply. The goal is to get all states on the same project year period. New states are on the shorter term but will catch up with other states that have had NVDRS.
- Rhonda added that she hopes that everyone had an opportunity to attend Allen's presentation, who is one of the injury surveillance epidemiologists at the Department of Health (DOH). Alan is working on establishing some of the Memorandum of Understanding's with some of the key participants for NVDRS. The system pulls from several resources and the top three (3) are County Medical Examiners' Toxicology Reports, Vital Statistics housed at the DOH, and Law Enforcement. Getting NVDRS on the ground in the large state of Florida is a challenge and it will be very vital. Florida is unique in that DOH is working on Memorandum of Understanding with universities for NVDRS implementation.
 - i. NaKeisha Phillips asked if NVDRS is starting on a specific site or a targeted area.
 1. Rhonda shared that NVDRS will start on specific sites particularly the areas where a relationship with county medical examiners has been established due to the Opioid Surveillance Grant and will continue to work from there.
 - ii. Tara asked if pilot sites have been chosen.
 1. Rhonda shared that she does not know the sites yet but will email them to Sofia once she knows.
- Stephen and Sofia thanked DOH for taking the lead on NVDRS.
- Stephen suggested that Sofia write an article that includes the responses to the 10 recommendations that provide support to stakeholders to be published in the Florida Suicide Prevention Coalition monthly newsletter. Also, SPCC members can include a slide or two about the recommendations in their presentations to inform the public.

- Tara added that the responses can also be distributed via social media and other avenues.

Florida Suicide Prevention Plan 2021-2025

Sofia read Section 14.20195(1)F.S. to remind members that the Plan has mandatory information that needs to be included.

Sofia read the stakeholder feedback from page 11 of the 2018 Annual Report:

Plan discussion:

- Sofia shared that with the last Plan, the committee looked at the 2012 National Strategy for Suicide Prevention and other state plans. She shared that SPCC can also look at the National Strategy for Prevention Veteran Suicide 2018-2028.
 - Stephen shared that there are other plans that the committee can look at such as Healthy People 2020 or even look at the structure of other plans that do not pertain to suicide prevention.
 - Sofia shared that she is unsure the structure can be changed because the Plan will follow DCF structure.
- Al Carter shared that the implementation of the Veteran Plan's challenge centers around funding. The goal is to link resources across the state of Florida and he struggles to connect the dots without funds.

Sofia shared that the instrument/survey also asked if there were changes that can be made to the Plan.

Stakeholders provided the following feedback:

- Create a marketing campaign for all Floridians and use public service announcements to start conversations about suicide prevention
- Add more available support and therapy services
- Focus on collaboration and the streamlining of processes
- Identify additional community resources especially in Spanish and Creole
- Provide Zero Suicide initiative resource materials

Sofia shared that the committee can look at this feedback and possibly add more information to the action steps within the Plan.

- Stephen shared his concern about adding resources that seem as endorsement and resources that are vetted.
 - Sofia shared that the resources were included in the 2016-2020 Plan.

Sofia asked if anyone is interested in working on the committee to create the 2021-2025 Florida Suicide Prevention Plan. The following people volunteered:

- Sofia Castro and Sofia volunteered Heather Allman
- Rhonda Jackson
- Tara Sullivan Larsen
- Al Carter

Announcements

Sofia shared that the Department of Children and Families will not be moving at the end of 2019.

Public Comment

No public comments.

Next Meeting

6/20/2019 1:00 PM, **Meeting call number: toll free number 1-888-585-9008 or a U.S.A number 1 (657) 220-3242**
Conference room #: 922-120-615. Local SPCC members are encouraged to attend the meeting at The Department of Children and Families on 1317 Winewood Blvd Tallahassee Florida 32399.

Addendum

Updates:

- **Information on updated evidence-based tools**
 - The Department of Children and Families (DCF) added a training section on the suicide prevention website: <https://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/training.shtml>. Sofia shared the link.
 - A link to the list of resources in the Department of Education website: <http://sss.usf.edu/resources/topic/suicide/index.html> has been added to the DCF website
- **Assistance with building additional community supports**
 - The Suicide Prevention Resource Center provides resources to build community support.
 - Community tool kits: <https://ctb.ku.edu/en/toolkits>
- **A checklist of toolkits and guides to decrease time staff spend looking for information**
 - The Department of Children and Families added a Professional section on the suicide prevention website that has a list of resources, tools, and guides: <https://www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/professionals.shtml>
- **The State of Florida's participation of the National Violent Death Reporting System (NVDRS):**
 - The Health Department will be updating SPCC members on NVDRS updates during quarterly meetings.
- Other members added to the 2021-2025 Florida Suicide Prevention Plan committee include:
 - NaKeisha Phillips- Northwest DCF Region
 - Paul Kellam- DCF Northeast Region
 - Bryan Mingle- Lutheran Services Florida (Managing Entity)
 - Kimberly Gryglewicz- University of Central Florida
 - David Wheeler- Department of Education