



RESPITE CARE

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SUBSTANCE ABUSE AND MENTAL HEALTH
QUARTERLY MEETING
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RESPITE CARE OVERVIEW

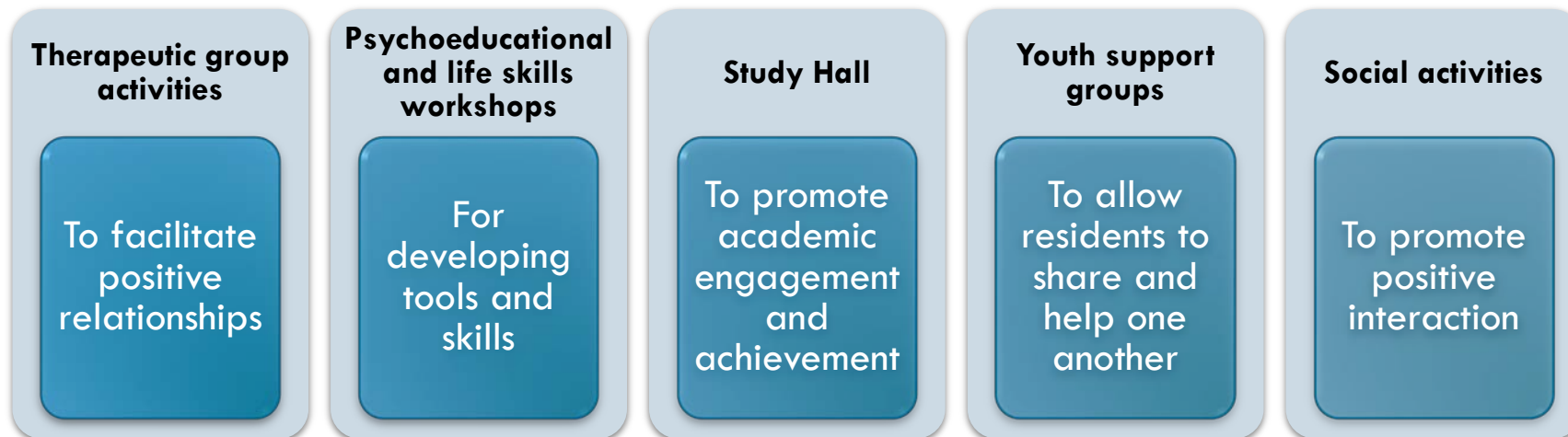
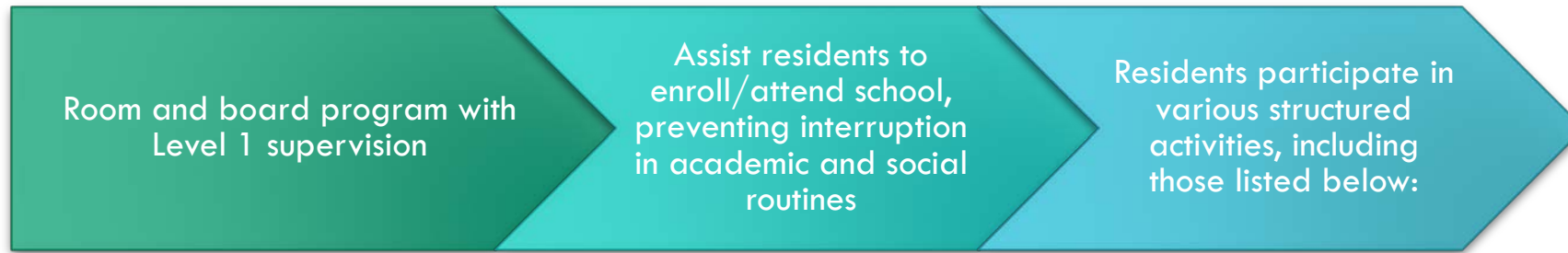
Provides an opportunity for children to disengage from their home environment in a healthy, safe, nurturing atmosphere.

Allows space for children to reflect on their actions, identify stressors that have led to negative outcomes, and work to develop skills to make positive decisions in the future.

Supports children and families who are experiencing distress and may not otherwise have support.

Offers an option for children in out-of-home placement.

RESPITE CARE MODEL





Physical Space



Dynamics on Unit



Range of Needs

CHALLENGES

Able to divert
some children
before higher
level of care is
required

Providing an
opportunity to
develop life
skills they can
later use

Positive social
experience

Relief for
children and
their families
from stress of
home
environment

SUCCESSSES

TIPS

Establish

Establish structured program

Require

Require school attendance and participation

Engage

Engage family



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