This is your Access Florida EBT card. Your monthly food assistance benefits are provided on this card to help you through an economically difficult time by assisting your family with monthly food expenses. With your food assistance benefits, you can buy:

- Breads and cereals
- Fruits and vegetables
- Meats, fish, poultry
- Dairy products
- Seeds and plants to grow your own food

You cannot use the food assistance benefits to purchase:

- Beer, wine, liquor, cigarettes or tobacco
- Pet food, soaps, paper products or household supplies
- Vitamins and other medicines
- Food that will be eaten in the store
- Hot foods

Food assistance benefits cannot be shared except with designated household members; nor can they be exchanged for cash or traded for other goods and services. Violating these restrictions is fraud and you could be charged with a felony.

To guard your card against theft and abuse:

- Don’t write your PIN number on the Access card
- Keep your card and PIN number in a safe place
- Don’t leave your card with retailers
- Don’t loan or give you card to others for their use
- Don’t give benefit information to an unknown caller
- Notify DCF when you have a change of address