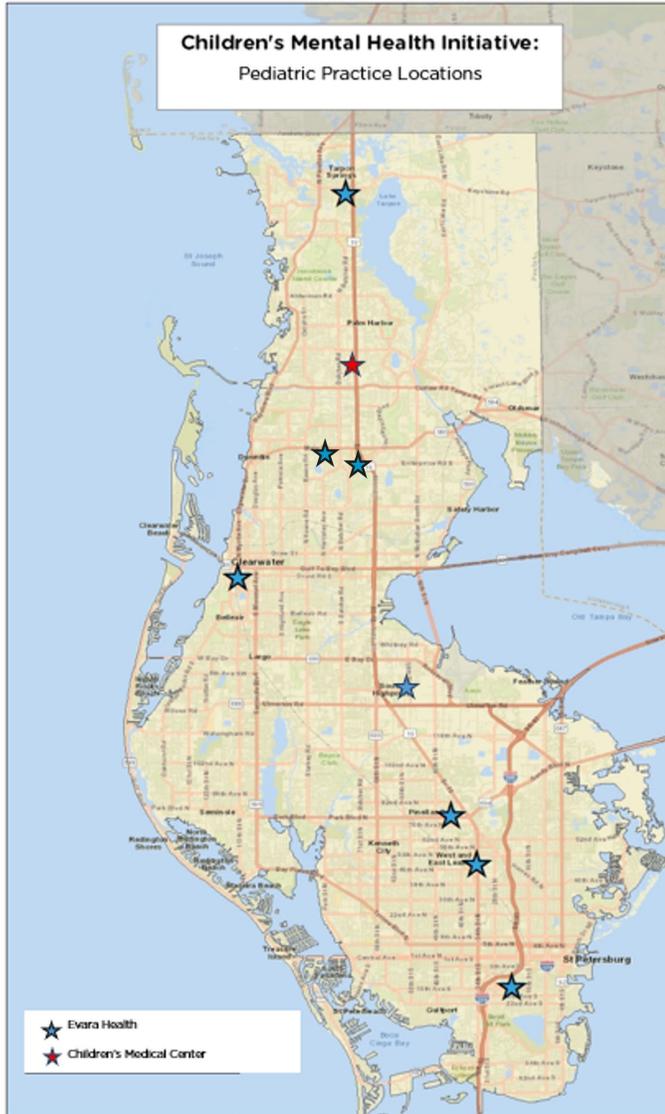




# JWB's Children's Mental Health Initiative

## Pinellas County Pediatric Practices with Integrated Services



### Children's Mental Health Initiative (CMHI) Vision

To devise and implement a children's mental health system of care to enhance public awareness and provide for an accessible, family-oriented, coordinated, comprehensive, high-quality system supported by an engaged and skilled workforce.

### Integration of Mental Health & Support Services established

- 2019 - Evara Health – 6 pediatric locations
  - 2025 – total of 8 pediatric locations across Pinellas County
- 2021 - Children's Medical Center, Palm Harbor – 1 location

### Patient Centered Mental Health in Pediatric Primary Care

Pediatricians trained to identify, diagnose, and treat low to moderate mental health conditions. Between the two pediatric partners, access to services and support has been increased annually.

### Why Integration Works

Mental health services embedded within pediatric practices provide opportunities to prevent, detect and intervene early; offering increased access to services while ensuring more timely and effective support during routine visits.

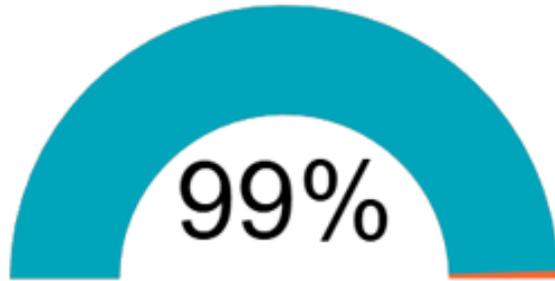
# Children's Mental Health Initiative Partners



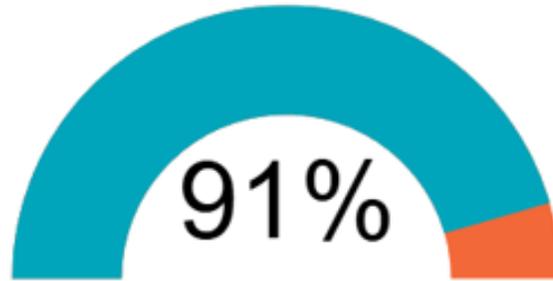
# FY25 Fiscal Investment Integrated Services

Allocation \$3,068,538  
Lapse 3%

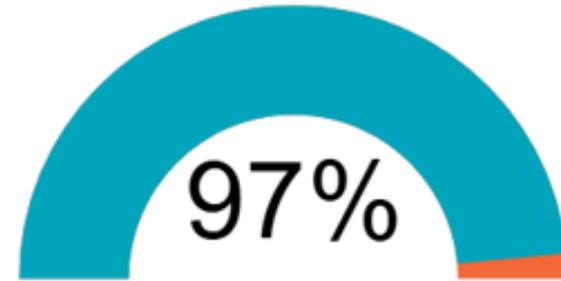
Evara  
\$2,262,910



CMC  
\$805,628



Total  
\$3,068,538



Average cost per child

Actual Investment Spent  
-----  
Total Children Served

=

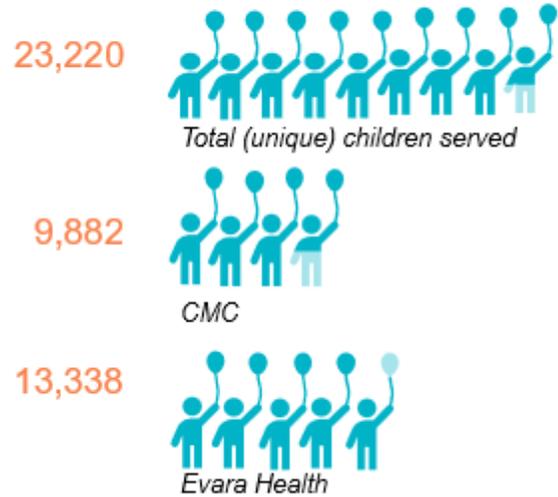
\$2,976,482  
-----  
23,220

=

\$128 per child

# Unique Number of Children Served

## CHILDREN SERVED



Of the 23,220 children served....

- 93% screened using universal early detection tools\* (Total 21,762 - Evara Health 12,674 + CMC 9,088)
- 13% supported through care coordination, including but not limited such as long-term therapy and complex psychiatric and developmental needs (Total 2,991 - Evara Health 2,417 + CMC 574)
- 5% received one or more behavioral health visits with an integrated therapist (Total 1,100 - Evara Health 917 + CMC 183)

### Integrated Brief Intervention Services

- ⊗ Anxiety and Depression
- ⊗ Stress Management
- ⊗ Managing Health Behaviors
- ⊗ Life Changes
- ⊗ Parenting Skills and Family Therapy
- ⊗ Other Health Concerns

### Care Coordination & Support Services

*Addressing barriers and closing care gaps for children and families*

- ⊗ Patient-Centered Care Coordination
- ⊗ Wellness Coaching
- ⊗ Behavioral Health Case Management
- ⊗ Nurse Case Management



# Increased Access to Mental Health Services

## Pediatric Department



3,174

Visits



4,585

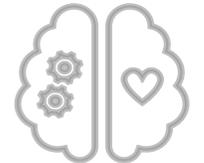
Therapist visits

## BH Department



598

Psychiatry visits



532

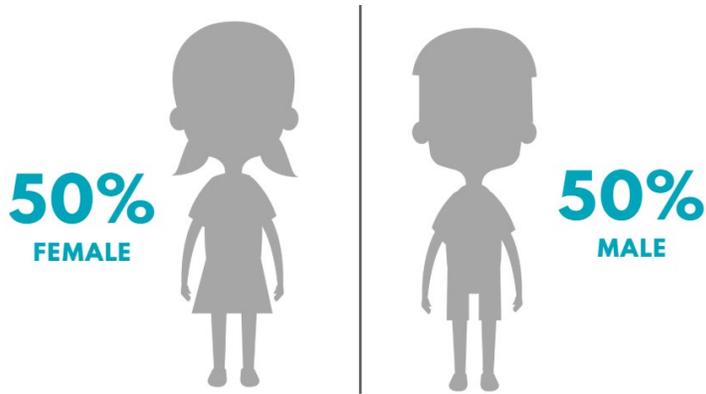
Psychology visits

8,889 total mental health visits

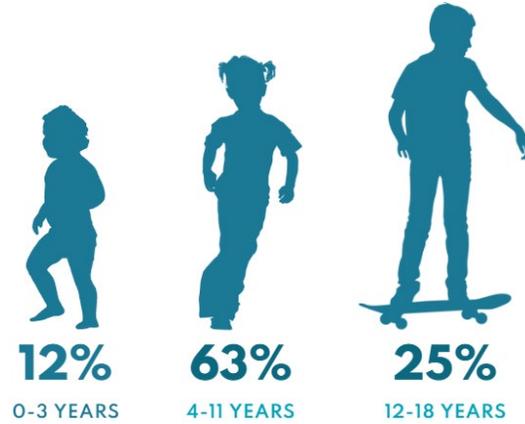
*6% crisis interventions, down from 10% the year prior*

# Demographics

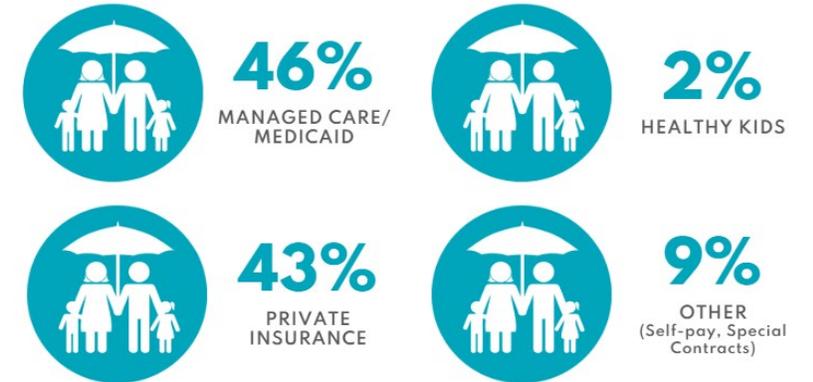
## Gender Distribution



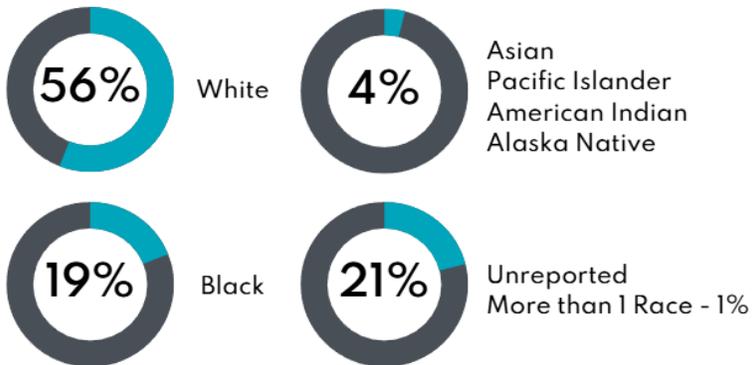
## Age Distribution



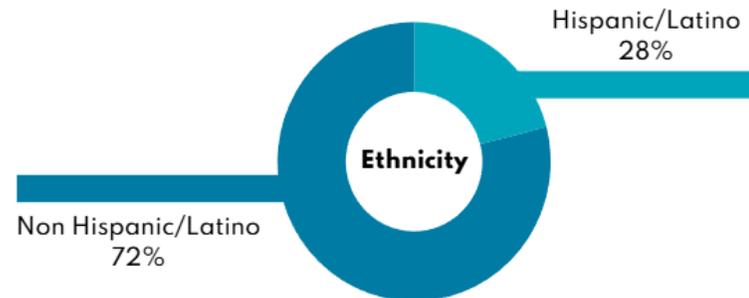
## Insurance Coverage



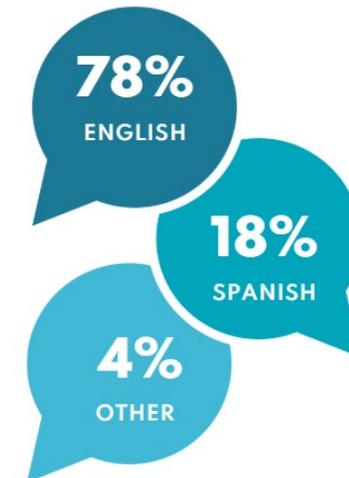
## Race Distribution



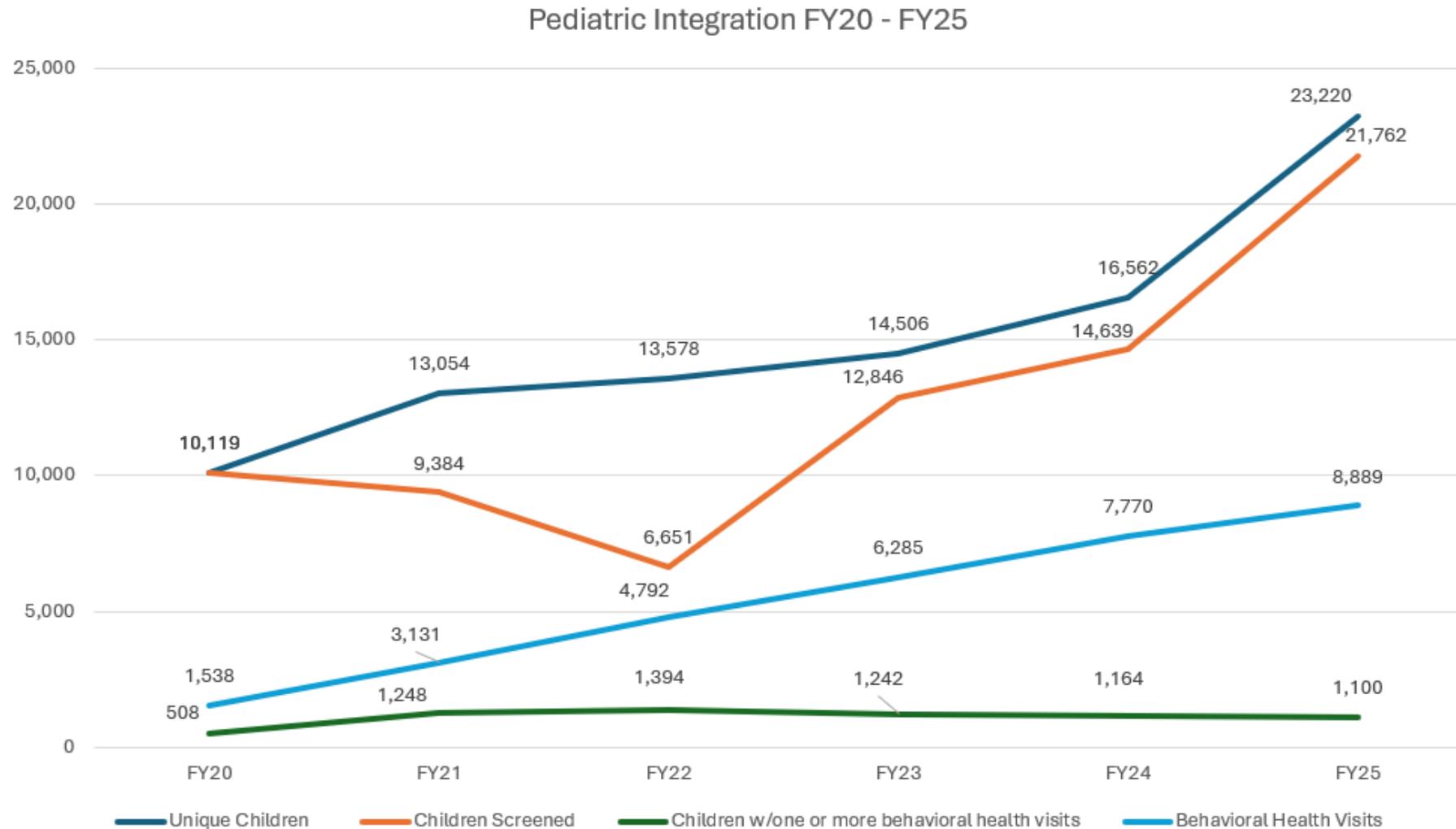
## Ethnicity



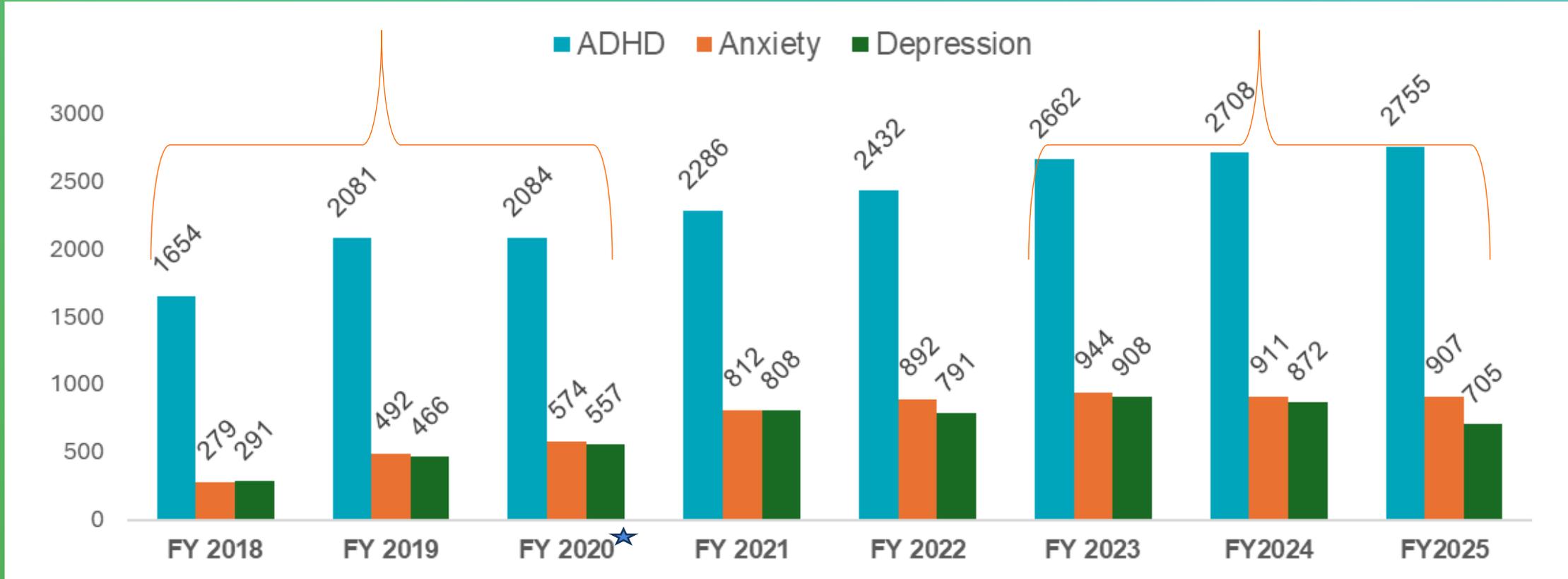
## Primary Language



# Integrated Services in Pediatric Practices: Six-Year Trend



# Pediatric Diagnosis Trends



	FY 2018		FY 2019		FY 2020		FY 2021		FY 2022		FY 2023		FY 2024		FY 2025	
	Evara	CMC														
<b>ADHD</b>	623	1031	727	1354	684	1400	781	1505	879	1553	960	1702	957	1751	962	1793
<b>Anxiety</b>	105	174	188	304	198	376	266	546	340	552	314	630	297	614	310	597
<b>Depression</b>	207	84	329	137	348	209	483	325	531	260	648	260	662	210	486	219



# Public Awareness & Family Engagement

## Turbo Babies Initiative

Distributing Pit Crew Bags intended to promote early connections and strengthen parent-child interactions that support brain development.



## Group Support & Education Sessions

Therapists conducted group sessions on self-esteem and emotional regulation for children and youth with a separate group for parent education.

## Community Outreach & Engagement

Back to School events, Care Fair, Health & Wellness Fair, Raising Resilient Kids, Rising Above and Wellness Wonderland are some of the many events CMHI teams participated in.

## Parent ProTech

An educational platform to help parents/caregivers keep kids safe online. This resource addresses the critical knowledge gap in parental literacy with expert backed videos, tips for enhancing safety measures, and conversation starters to initiate dialogue.



## Autism Certification

Understanding autism, the importance of early identification and intervention, resource availability and support for children and families within Pinellas County.



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