

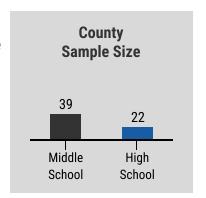
# 2024 Florida Youth Substance Abuse Survey

### **Jefferson County Report**

### **Survey Background**

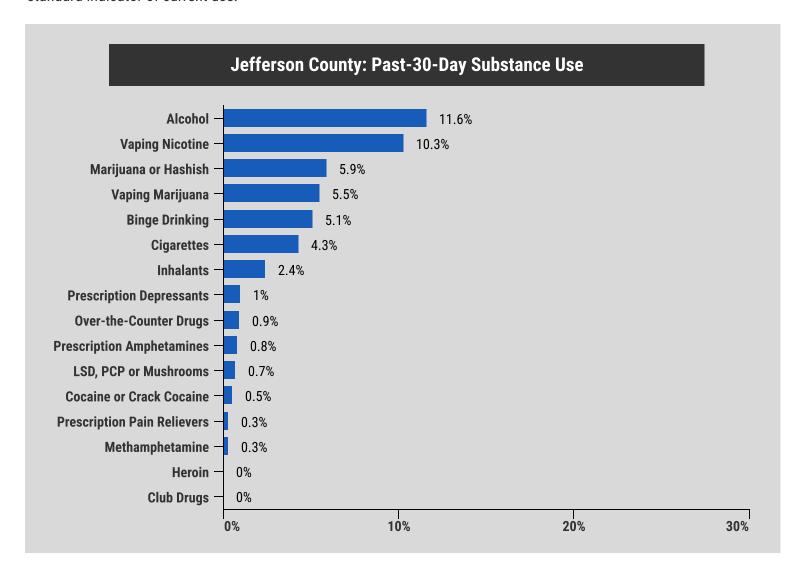
This report presents key findings from the 2024 Florida Youth Substance Abuse Survey (FYSAS) for Jefferson County. Full FYSAS data tables for each county are available at the Florida Department of Children and Families (DCF) website. Detailed information on the survey's methodology is included in the FYSAS Statewide Report, which is also available at the DCF website.

The final Jefferson County FYSAS sample included 39 students from 1 middle school and 22 students from 1 high school. Because of the small sample size for high school grades, <u>Jefferson County results for 2024 are only reported for middle school</u>.

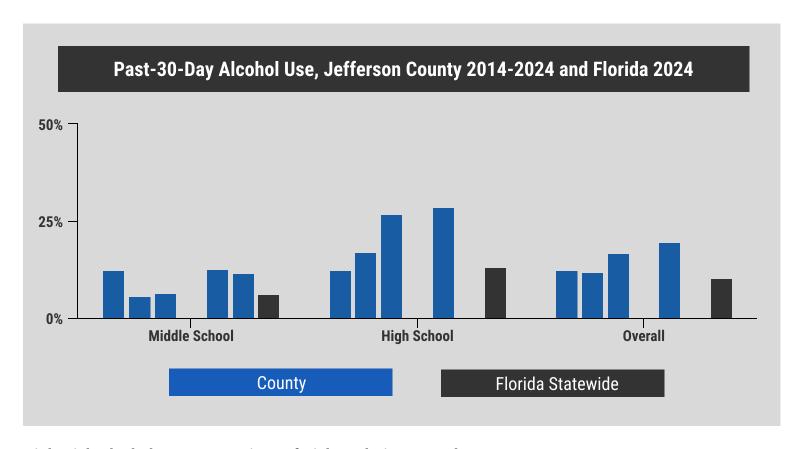


#### **Substance Use Among Jefferson County Students**

The graph below shows past-30-day substance use prevalence rates for middle school students. Past-30-day prevalence (whether a student has used a substance on one or more occasions within the past month) is the standard indicator of current use.

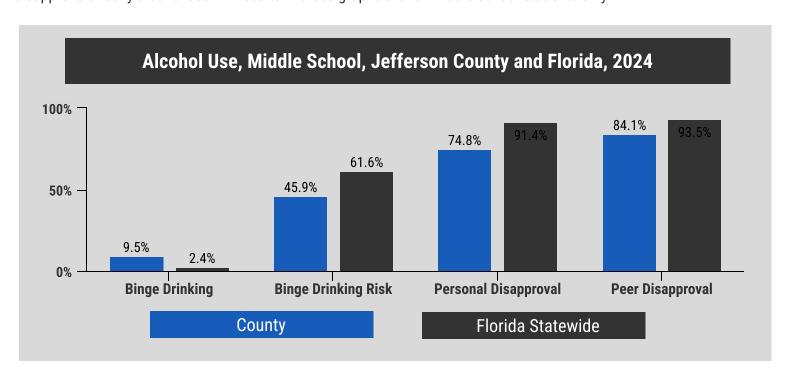


### Jefferson County | Alcohol Use

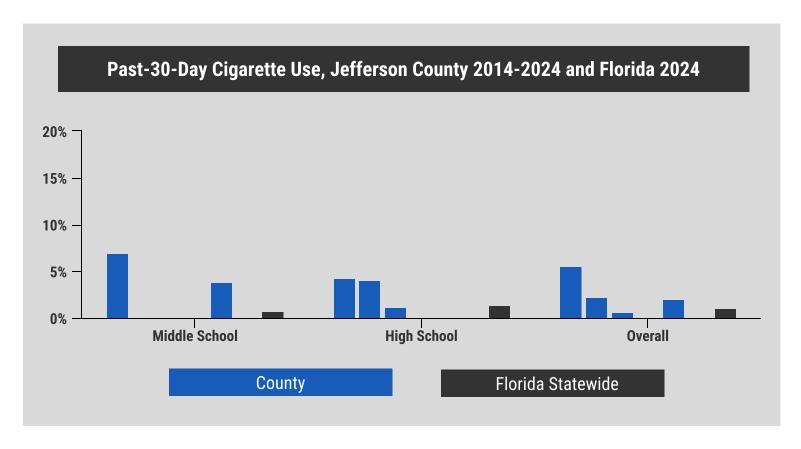


### High-Risk Alcohol Use, Perceptions of Risk, and Disapproval

The FYSAS includes several indicators of alcohol use that are particularly dangerous for adolescents, including binge drinking (five or more drinks in a row within the past two weeks). The second set of bars shows the percentage of students who assign a "great" risk to binge drinking. The third set of bars shows the percentage of students who disapprove of regular alcohol use. And the fourth set of bars shows the percentage of students who believe their friends disapprove of daily alcohol use. All results in these graphs are for middle school students only.

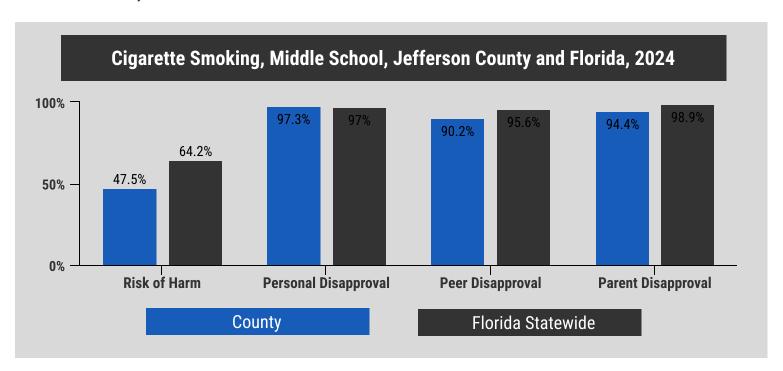


## Jefferson County | Cigarette Use

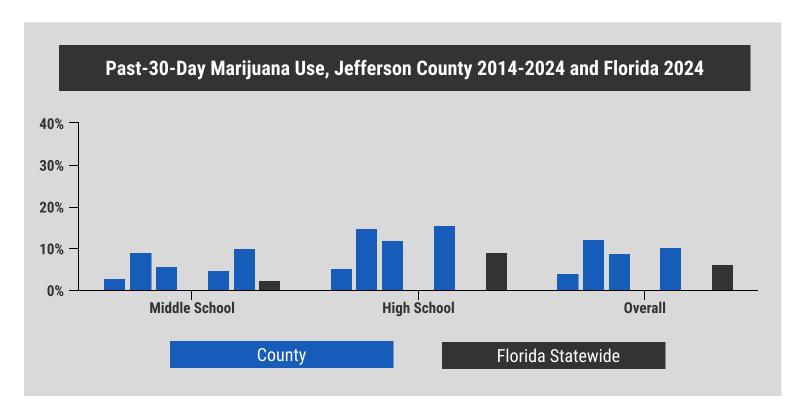


### **Attitudes Towards Cigarette Use**

The remarkable reduction in cigarette use among Florida students is driven, in part, by the norms and values youth hold about smoking. The first set of bars shows the percentage of students who believe there is a "great" risk associated with daily cigarette use. Prevalence rates for personal disapproval of smoking, perceptions of peer disapproval, and perceptions of parent disapproval are shown in the second, third, and fourth bar sets. All data points are for middle school students only.

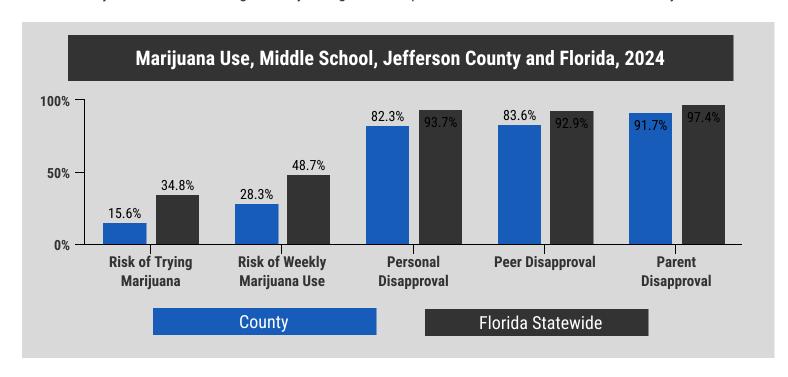


### Jefferson County | Marijuana Use



### **Additional Data on Marijuana Use**

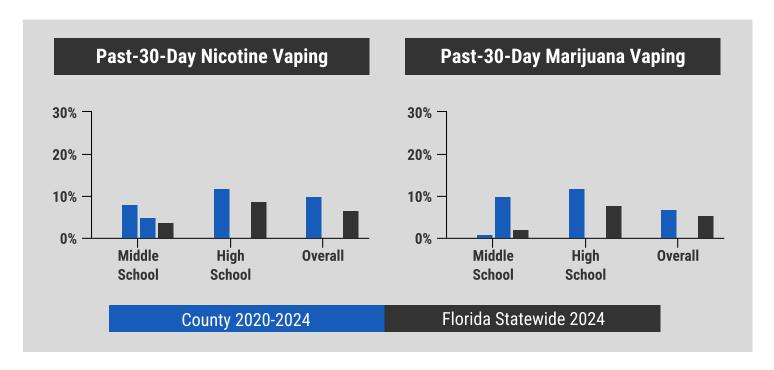
The first set of bars shows the percentage of students who assigned a "great" risk of harm to trying marijuana "once or twice." The second set of bars shows the percentage of students who assigned a "great" risk of harm to weekly marijuana use. The third set of bars shows the percentage of students who described marijuana use as "wrong" or "very wrong." The fourth set of bars shows the percentage of students who believe their friends consider marijuana use to be "wrong" or "very wrong." The fifth set of bars shows the percentage of students who believe their parents consider marijuana use to be "wrong" or "very wrong." All data points are for middle school students only.



### Jefferson County | Vaping

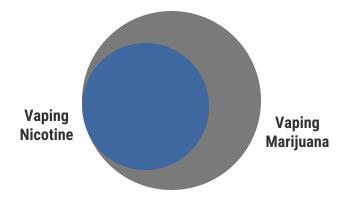
### **Nicotine Vaping and Marijuana Vaping**

Vaping has rapidly emerged, both within Florida and across the nation, as one of the most prevalent forms of adolescent substance use. In 2020, new items that distinguish between nicotine vaping and marijuana vaping were added to the FYSAS questionnaire. The graphs below show the percentage of students reporting one or more occasions of vaping nicotine and vaping marijuana within the past 30 days. For Jefferson County, the graphs show the change in vaping prevalence rates between 2020 and 2024. Statewide comparison data for Florida as a whole are shown for 2024.



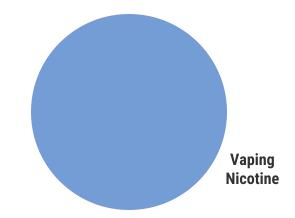
### Vaping Nicotine and Vaping Marijuana

This overlap reveals the role of vaping as a substance delivery system. **100**% of Jefferson County students who vape nicotine also vape marijuana, and **50**% of students who vape marijuana also vape nicotine.



### **Vaping Nicotine and Smoking Cigarettes**

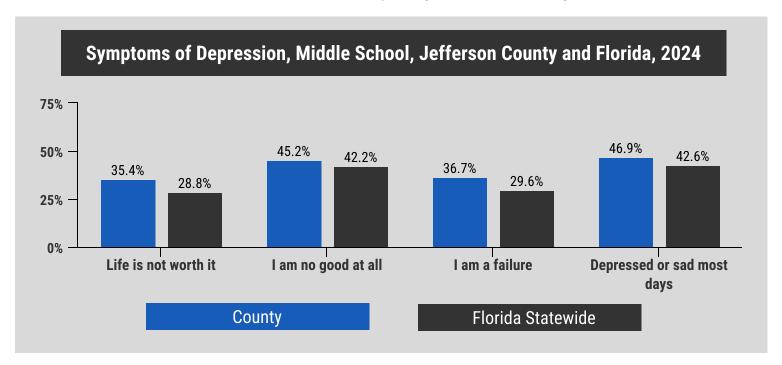
The majority of students who vape nicotine did not transition from smoking cigarettes. Their vaping is independent of cigarette use. In Jefferson County, no middle school students reported cigarette use.



# Jefferson County Emotional Health

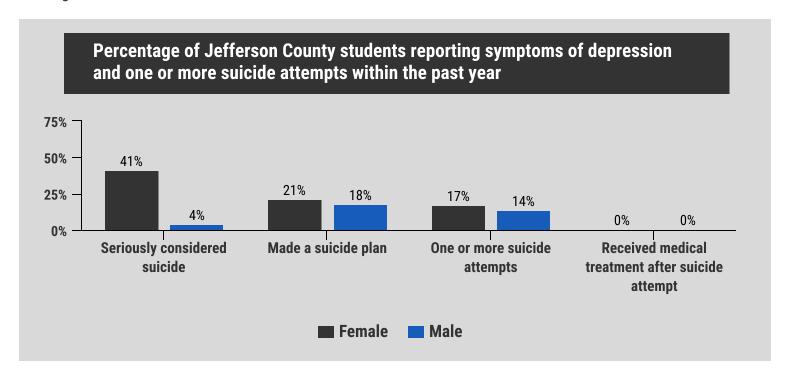
### **Symptoms of Depression**

The FYSAS asks students about four symptoms of depression. Across the state as a whole, prevalence rates for these indicators increased for more than a decade before peaking in 2022 and declining in 2024.



#### **Suicidal Ideation and Behavior**

In 2023, a new set of questions addressing thinking and behavior related to suicide was added to the FYSAS questionnaire. The graphs below show the past-year prevalence rates for seriously thinking about suicide, making a suicide plan, attempting suicide on one or more occasions, and receiving medical care after a suicide attempt for an injury, poisoning, or overdose. Across the first three measures, female students reported higher rates of suicidal thinking and behavior.



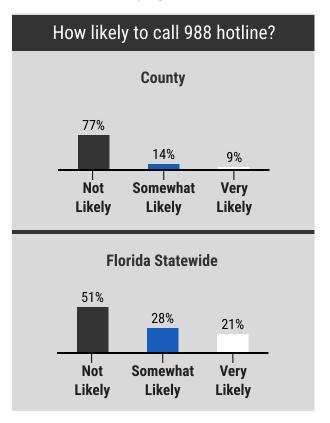
### Jefferson County

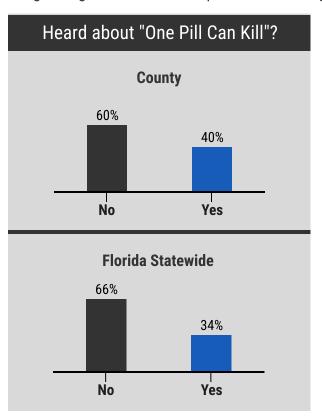
### Prevention + Support

### The 988 Hotline and the "One Pill Can Kill" Campaign

The 988 hotline is a national program, supported by the U.S. Substance Abuse and Mental Health Services Administration, that provides 24-hour, confidential support to people experiencing a suicide crisis or emotional distress. The FYSAS questionnaire asks students how likely they would be to call 988 if they were feeling overwhelmed, upset, or suicidal. At the state level, **18**% of students said they were "very likely" to call.

To warn Floridians about the dangers posed by fentanyl and other synthetic opioids, Florida has joined the "One Pill Can Kill" educational campaign. Statewide, **36**% of students reporting having seen or heard this prevention message.





Some groups are more likely than others to use the 988 crisis hotline. Across Florida as a whole, both younger students and male students are more likely to report that they would use the hotline if they were experiencing suicidal thoughts or other difficulties.

