

RESPITE CARE RICHARD ANDERSON, CHIEF CLINICAL OFFICER

SUBSTANCE ABUSE AND MENTAL HEALTH
QUARTERLY MEETING
April 14th 2022

RESPITE CARE OVERVIEW

Provides an opportunity for children to disengage from their home environment in a healthy, safe, nurturing atmosphere.

Allows space for children to reflect on their actions, identify stressors that have led to negative outcomes, and work to develop skills to make positive decisions in the future.

Supports children and families who are experiencing distress and may not otherwise have support.

Offers an option for children in out-of-home placement.

RESPITE CARE MODEL

Room and board program with Level 1 supervision

Assist residents to enroll/attend school, preventing interruption in academic and social routines

Residents participate in various structured activities, including those listed below:

Therapeutic group activities

To facilitate positive relationships

Psychoeducational and life skills workshops

For developing tools and skills

Study Hall

To promote academic engagement and achievement

Youth support groups

To allow residents to share and help one another

Social activities

To promote positive interaction





Physical Space



Dynamics on Unit



Range of Needs

CHALLENGES

Able to divert some children before higher level of care is required

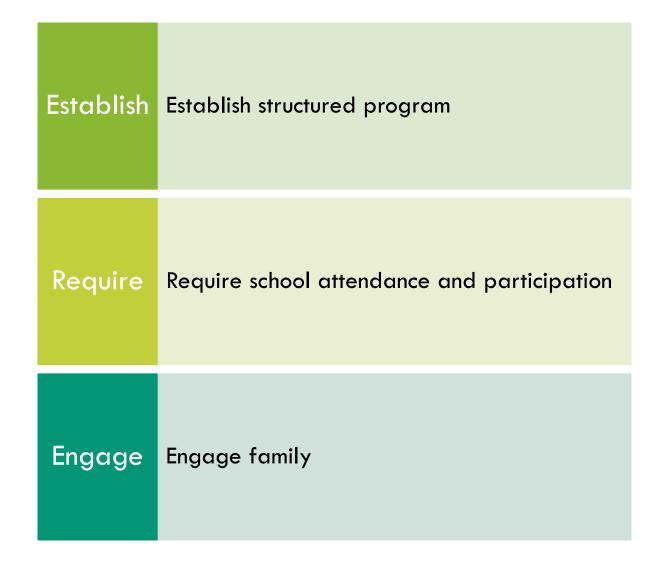
Providing an opportunity to develop life skills they can later use

Positive social experience

Relief for children and their families from stress of home environment

SUCCESSES

TIPS





MERIDIAN BEHAVIORAL HEALTHCARE (352) 374.5600

