



# Parramore Kidz Zone Baby Institute

## 2013-2014

### Making a Difference in PKZ

- Two-thirds of parents attending at least one session of Baby Institute go on to graduate.
- 94 parents have graduated from Baby Institute in the first three years of the program.
- 300 children ages birth to five years old have had their parents benefit from participation Baby Institute.



*"I gained insight on how a child behaves and how to discipline my child. I take time to discipline now. I learned that brain development is ongoing. You need Baby Institute because we don't have the parenting skills we need. I learned a lot. I don't scream and 'holler' and cuss my children anymore. I read three books a night to my kids. Baby Institute Parent Graduate*

**The Parramore Kidz Zone Baby Institute is a pilot project for parents of children between the ages of birth to five years of age residing in the Parramore Heritage community. Modeled after the Harlem Children's Zone, the nine-week Baby Institute is designed to help parents of young children build knowledge and skills that result in better parenting, which will lead to better school readiness outcomes for children. This pilot program for parents provides a pre and post-test, goal setting, journaling and exit tickets which capture the growth and development through a nine week cycle. Baby Institute continues to make a difference for the children in Parramore by assisting their parents to develop their capacity to parent in a more positive way.**



#### The problem:

A significant number of children in the Parramore community were entering kindergarten not ready. The 2010 Census shows 496 children ages 5 and under living in the neighborhood which remains marred by high poverty and single parent households. 58% of parents on a recent survey reported that their children 5 and under were not enrolled in any early childhood program.

#### One answer:

The PKZ Baby Institute engages families in Parramore through a culturally-based parenting program that recognizes and enhances parent competencies while providing support and referrals to assist families as necessary. An Alumni program keeps families engaged to support children's school success.

407-841-6607

[www.elcoc.org](http://www.elcoc.org)

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